

# VMM®

*Breathe easy*

## Description

Getting ready for colder weather shouldn't mean checking your personal-day balance at work. With VMM®, you can support your respiratory system and your immune health to get ready for the winter season.\*

VMM's concentrated herbal extracts are specifically designed to support respiratory health and assist the body in its natural immune defenses. Formulated with mullein, thyme, hyssop, and Irish moss, VMM® supports the respiratory system. In addition, this unique blend includes echinacea and ginseng to support the immune system and additional ingredients to support circulatory health and provide antioxidant protection.\*

VMM® works with the body to support your health all year long. This powerful herbal formula gives health-conscious individuals a way to stay ahead of seasonal changes and challenges.\*

## Benefits

- Supports the immune system\*
- Supports respiratory health\*
- Supports the circulatory system\*
- Provides antioxidant capacity\*

## Key Ingredients

- *Ginseng (Panax ginseng)*—Commonly known as Asian, Chinese, or Korean ginseng, this herb supports the immune system and circulatory health.\*
- *Mullein (Verbascum sp.) leaf*
- *Thyme (Thymus vulgaris) leaf*
- *Hyssop (Hyssopus officinalis)*
- *Irish moss (Chondrus crispus)*
- *Echinacea (Echinacea purpurea) root*—Supports the immune system and respiratory health.\*

*(continued on next page)*



  
NEWAYS™  
THE SAFETY-CONSCIOUS COMPANY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## VMM

(continued)

- Hawthorn berry (*Crataegi fructus*)—Supports the circulatory system.\*
- Rosemary (*Rosemarinus officinalis*)—Provides antioxidant support.\*

**Supplement Facts**

Serving Size 3 Tablets  
Servings Per Container 60

Amount Per Serving	%Daily Value
Proprietary Blend	329 mg*
Echinacea Purpurea Root Extract, Rosemary Leaf Extract, Thyme Leaf Extract, Hyssop Aerial Extract, Hawthorn Berry Extract, Irish Moss Extract, Mullein Leaf Extract, Asian Ginseng Root Extract.	

\* Daily Value not established.

Other ingredients: Microcrystalline cellulose, maltodextrin, shellac, stearic acid, silicon dioxide.

Manufactured for Neways Inc. 150 E. 400 N. Salem, Utah 84653  
www.neways.com • Made in the USA • LBL-3349/1 • ITEM #1180

**DIRECTIONS:** Take 3 tablets morning and night. For optimum results, discontinue use for 3 to 5 consecutive days each month.

**CAUTION:** Ask your doctor prior to use if you are pregnant or nursing, have a medical condition, or when taking any medication.

**KEEP TIGHTLY CLOSED  
STORE IN A COOL DRY PLACE  
STORE OUT OF REACH OF CHILDREN**

*Neways uses source materials that may cause color variation in the product.*

**Source Citations**

1. Al Makdessi S, Sweidan H, Dietz K, Jacob R. Protective effect of *Crataegus oxyacantha* against reperfusion arrhythmias after global no-flow ischemia in the rat heart. *Basic Res Cardiol* 1999;94(2):71-77.
2. Blumenthal M, Busse WR, Goldberg A, et al, eds. *The Complete Commission E Monographs: Therapeutic Guide to Herbal Medicines*. Boston, MA: Integrative Medicine Communications, 1998.
3. Chone B. Veziete steuerung der leukozytentinetik durch echinacin. *Arzneimittel-Forschung*, 11, 611-15, 1965.
4. Ho CT, Wang M, Wei GJ, Huang TC, Huang MT. Chemistry and antioxidative factors in rosemary and sage. *Biofactors* 2000;13(1-4):161-66.
5. Leuttig B, Steinmuller C, et al. Macrophage activation by the polysaccharide arabinogalactan isolated from plant cell cultures of *Echinacea purpurea*. *J Natl Cancer Inst* 1989;81:669-75.
6. Loew D. [Phytogenic drugs in heart diseases exemplified by *Crataegus*]. *Wien Med Wochenschr* 1999;149(8-10):226-28.
7. Miller AL. Botanical influences on cardiovascular disease. *Altern Med Rev* 1998;3(6):422-31.
8. Muller A, Linke W, Klaus W. *Crataegus* extract blocks potassium currents in guinea pig ventricular cardiac myocytes. *Planta Med* 1999;65(4):335-39.
9. *PDR for Herbal Medicines*. Second ed. Montvale, NJ: Medical Economics Company, 2000.
10. *The Review of Natural Products*. St. Louis, MO: Facts and Comparisons, J.B. Lippincott Co., 1996. 1 v. (loose-leaf).
11. WHO monographs on selected medical plants. Geneva, Switzerland: World Health Organization, 1999.



**NEWAYS**<sup>™</sup>  
THE SAFETY-CONSCIOUS COMPANY



\* These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.