



# HEALTH & WELLNESS

## PROTHIN® THERMOGENIC BLEND

*a balanced approach to a healthy lifestyle*

### ACHIEVE THE IDEAL YOU

We all know what it takes to lose weight—a reduced-calorie diet and exercise. That's the hard part. The easy part is finding the right weight management system for you—the one that helps you develop and maintain a healthy lifestyle so you can look and feel your best. That system is ProThin®. With ProThin®, you can finally achieve the ideal you. In addition to proper diet and exercise, it takes three steps to incorporate the ProThin® products into your lifestyle.



**ONE:** Get feelings of fullness with Pre-Meal Tablets.\*

**TWO:** Support your nutrition with Meal Replacement.

**THREE:** Support your metabolism with Thermogenic Blend.\*

### STEP THREE: PROTHIN® THERMOGENIC BLEND

Along with diet and exercise, support your weight management, and metabolism with Thermogenic Blend, Step 3 of the ProThin® Weight Management System.\* Thermogenic Blend is a fusion of herbs and phytonutrients that help you power your active lifestyle.\*

Your metabolism, of course, is the rate at which your body, through biochemical processes at the cellular level, transforms stored calories into usable energy. Using Thermogenic Blend to support your metabolism in turn, supports weight management efforts.

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*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



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## PROTHIN® THERMOGENIC BLEND

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### KEY PRODUCT BENEFITS:

- Supports body's natural thermogenic processes (supports energy expenditure)\*
- Supports healthy metabolism\*
- Antioxidant\*
- Supports Cellular Health\*
- Supports weight management when combined with exercise and a low calorie diet\*

### KEY INGREDIENTS:

- *Green Tea Extract*—The Chinese have believed for centuries that green tea promotes good health. Green Tea also supports healthy metabolism.\*
- *Bitter Melon Fruit Extract*—Traditional and folk medicine in India and Asia have utilized the fruit of the bitter melon (*Momordica charantia*) for centuries.
- *Alpha Lipoic Acid*—A natural sulfur compound, Alpha Lipoic Acid is an antioxidant.
- *L-tyrosine*—A common amino acid found in forms of dietary protein.
- *Rhodiola rosea Extract*—Also known as roseroot.
- *Banaba Extract*—Known in Tagalog as banaba, the *Lagerstroemia speciosa* plant has been traditionally used in Philippine folk medicine.
- *Other Ingredients:* kelp extract, cocoa hull extract, cayenne pepper (*Capsicum annuum*)

### USAGE:

Take 2 tablets 3 times daily with 8 oz. of water with meals. Carefully follow complete usage directions and Cautions/Warnings found on individual product packaging.

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