



HEALTH & WELLNESS

ORACHEL®

*Vitamins and minerals for a healthy lifestyle**

DESCRIPTION

Many of us have taken vitamins ever since we were children. Taking vitamin supplements may be critical to good health, because most vitamins are not produced by the body and many of today's convenience diets are lacking in adequate vitamins and minerals.*

Every body system and process relies on adequate nutrition in order to function properly, and vitamins and minerals supply a large part of that essential nutrition. Orachel® is an exclusive formula that contains high levels of crucial vitamins and minerals that contribute to a healthy lifestyle.*

Scientists carefully selected the combination of multivitamins and minerals in this formula, which includes a substantial supply of minerals and fat-soluble and water-soluble vitamins. Orachel® supports the cardiovascular system, helps support metabolic processes, supports immune system health, and contributes to energy levels and feelings of well-being.*



BENEFITS

- Supports the cardiovascular system*
- Assists in converting protein, fats, and carbohydrates into energy*
- Supports anti-aging processes and antioxidant capacity*
- Supports body stamina, body composition, and physical recovery after exercise*
- Supports bone, joint, muscle, and skin health*
- Supports gastrointestinal and immune system health*
- Supports normal mental clarity and alertness, respiratory health, and urinary tract health*
- Contributes to feelings of well-being and a healthy lifestyle*

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** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



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(continued)

KEY INGREDIENTS

- Vitamin A (beta carotene)
- Vitamin D
- Vitamin E
- Thiamin (vitamin B1)
- Riboflavin (vitamin B2)
- Niacin (vitamin B3)
- Pyridoxine (vitamin B6)
- Cyanocobalamin (vitamin B12)
- Folate (folic acid)
- Pantothenic acid
- Vitamin C
- Biotin
- Proprietary blend—Including substances found naturally in the body (choline, inositol, racemethionine, cysteine hydrochloride, and aminobenzoic acid), as well as bioflavonoids and four plants (hawthorn fruit, lime tree flower, garlic bulb, and kelp).
- Macrominerals—Including calcium, magnesium, and potassium.
- Microminerals—Including chromium, copper, iron, manganese, molybdenum, and zinc.

Supplement Facts

Serving Size 5 Tablets
Servings Per Container 20

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as retinyl acetate)	2500 IU 50%	Biotin	200 mcg 67%
(as beta carotene)	10000 IU 200%	Pantothenic Acid	140 mg 1400%
Vitamin C (as ascorbic acid)	750 mg 1250%	(as calcium pantothenate)	
Vitamin D (as cholecalciferol)	100 IU 25%	Calcium (as amino acid chelate)	50 mg 5%
Vitamin E	200 IU 667%	(as dicalcium phosphate)	95 mg 10%
(as d-alpha-tocopheryl succinate)		Iron (as amino acid chelate)	1 mg 6%
Thiamin (Vitamin B1)	25 mg 1667%	Magnesium (as aspartate)	20 mg 5%
Riboflavin (Vitamin B2)	25 mg 1470%	Zinc (as amino acid chelate)	9 mg 60%
Niacin (as niacinamide)	50 mg 250%	Copper (as cupric sulfate pentahydrate)	0.06mg 3%
(as nicotinic acid)	25 mg 125%	Manganese (as amino acid chelate)	1.5 mg 75%
Vitamin B6	50 mg 2500%	Chromium (as chromium picolinate)	25 mcg 20%
Folic Acid	200 mcg 50%	Molybdenum (as molybdenum trioxide)	25 mcg 33%
Vitamin B12	50 mcg 833%	Potassium (as aspartate)	55 mg 2%
Proprietary Blend			617 mg*

Cysteine Hydrochloride, Choline Bitartrate, Inositol, Methionine, Citrus Bioflavonoids extract, Hawthorne fruit extract, Lime Tree flower extract, Garlic bulb extract, Bladderwrack plant extract.

* Daily value not established

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, soy polysaccharide, silicon dioxide, magnesium stearate, alginate acid, povidone, hypromellose, iron oxide, polyethylene glycol, carnauba wax.

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DIRECTIONS:

Take 1 to 5 tablets with breakfast and 1 to 5 tablets with dinner.

CAUTION: Not intended for children. See your health care provider prior to use if you are pregnant or nursing, have a medical condition, or when taking any medication.

STORE OUT OF REACH OF CHILDREN

Neways uses natural source materials that may cause color variation in the product.

SOURCE CITATIONS

1. Stevinson C, Pittler MH, Ernst E. Garlic for treating hypercholesterolemia. A meta-analysis of randomized clinical trials. *Ann Intern Med* 2000 Sep 19;133(6):420-29.
2. Palace VP, Khaper N, Qin Q, Singal PK. Antioxidant potentials of vitamin A and carotenoids and their relevance to heart disease. *Free Radic Biol Med* 1999;26(5-6):746-61.
3. Pfeifer M, Begerow B, Minne HW, Nachtigall D, Hansen C. Effects of a short-term vitamin D(3) and calcium supplementation on blood pressure and parathyroid hormone levels in elderly women. *J Clin Endocrinol Metab* 2001;86(4):1633-37.
4. Azen SP, Qian D, Mack WJ, et al. Effect of supplementary antioxidant vitamin intake on carotid arterial wall intima-media thickness in a controlled clinical trial of cholesterol lowering. *Circulation* 1996;94(10):2369-72.
5. Freedman JE, Keaney JR, Jr. Vitamin E inhibition of platelet aggregation is independent of antioxidant activity. *J Nutr* 2001;131(2):374S-77S.



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