

### **The woman who thinks she can!**

If you think you are beaten, you are  
If you think you dare not, you don't  
If you like to win but you think you can't  
It's almost certain you won't  
If you think you'll lose, you're lost  
For out in the world we find  
Success begins in with a woman's will  
It's all in the state of mind.  
If you think you are outclassed, you are  
You've got to think high to rise,  
You've got to be sure of yourself before  
You can ever win a prize.  
Life's battles don't always go  
To the stronger or faster woman,  
But sooner or later the woman who wins  
Is the woman who thinks she can!

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### **“I Am A Habit”**

H-A-B-I-T ...When 95% of people hear this word, a negative thought pops up in their minds. Typically, most people think of a habit being negative. The secret to your future lies in your daily habits so ask yourself right now, ‘Are my habits today going to empower me to achieve my WHY in life?’ This is a life-changing question if you truly ask it and listen for the answer.

I am your constant companion.  
I am your greatest helper or your heaviest burden.  
I will push you onward or drag you down to failure.  
I am completely at your command.  
Half the things you do, you might just as well turn over to me, and I will be able to do them quickly and correctly.  
I am easily managed; you must merely be firm with me.  
Show me exactly how you want something done, and after a few lessons I will do it automatically.  
I am the servant of all great men.  
And, alas, of all failures as well.  
Those who are great, I have made great.  
Those who are failures, I have made failures.  
I am not a machine, though I work with all the precision of a machine.  
Plus, the intelligence of a man.

You may run me for profit, or run me for ruin; it makes no difference to me.  
Take me, train me, be firm with me and I will put the world at your feet.  
Be easy with me, and I will destroy you.  
Who am I?  
I am a HABIT!

-Author- Anonymous

## **WINNER VS LOSER**

- W - The winner is always part of the answer;
- I - The loser is always part of the problem;
- N - The winner always has a program;
- N - The loser always has an excuse;
- E - The winner says, 'Let me do it for you;'
- E - The loser says, 'That's not my job;'
- R - The winner sees an answer for every problem;
  
- VS - The loser sees a problem for every answer;
  
- L - The winner sees a garden near every sand trap;
- O - The loser sees two or three sand traps near every green;
- S - The winner says, 'It may be difficult, but it's possible;'
- E - The loser says, 'It may be possible, but it's too difficult.'
- R - BE A WINNER

## **POSITIVE AND NEGATIVE FORCES**

Since time began there has been a war between positive and negative forces and you must take action steps everyday towards your dream otherwise you become a casualty of war. What do you have to do?

### **C**-Compromise

If someone objects to you – say “I’m not compromising, thank you for your opinion. It’s a commitment to stick to your promises, that way you will become a winner in a war. Stay committed to your promise.

### **A**-Attach

Attach yourself to your dream. Build a dream wall/chart of images that you want to achieve. Stay attached to your dream through pictures. Add pictures that are meaningful to you.

The enemy is relentless so you have to be relentless in pursuit of your dream. You have to crazy glue yourself to your future.

### **S**-Stand for Something

Stand for something or you'll fall for everything. You have to stand strong and be laser focused. Every step you take is a step towards your dreams.

When you become a leader, people will attack you because their jealous of your success.

### **U**-Unyielding Faith

No matter what happens you keep going. Faith stands for **find answers in the heart**.

Focus on making a difference and you will prosper.

When nothing seems to be happening, everything is happening.

Say to yourself

I am a life changer

I am a life changer

### **A**-Accelerate

Accelerate at a slow yet focused pace-do a little each day 15 minutes a day. Just like brushing your teeth every day. Make it a daily success habit. On the day you go to the dentist you probably brush your teeth extra hard, but it really won't make much difference, as it's the daily brushing over the previous weeks and months that will make a difference.

### **L**-Listen

Listen, learn and love your dream

Listen more than you talk. Love your dream as much as your dream loves you.

### **T**-Tell people who you are

Who do you think you are?

### **I**-Insulation

Insulate yourself against the roaring lions, insulate with your personal development habits everyday. Insulation protects.

### **E**-Empowered to prosper

Prosper means being blessed.

Say I am blessed.

I am highly favored

I am prosperous

### **S**-Speak your future into existence

Say affirmations

Links:

<http://www.ConsciousOneTeleseminars.com>

Go on google and type:

Bob Proctor  
www.Mesiti.com  
Jim Rohn  
Zig Ziglar  
Anthony Robbins  
John Canary

**RECOMMENDED LITERATURE:**

<i>Rich Dad Poor Dad</i>	Robert Kiyosaki
<i>How to Win Friends and Influence People</i>	Dale Carnegie
<i>Think and Grow Rich</i>	Napoleon Hill
<i>The Dynamic Laws of Prosperity</i>	Catherine Ponder
<i>You were born rich</i>	Bob Proctor
<i>Find your Why and Fly</i>	John Di Lemme
<i>Who moved my cheese</i>	Dr Spencer Johnson
<i>The angel inside</i>	Chris Widener
<i>The five major pieces to the puzzle</i>	Jim Rohn

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